



Cardiovascular Medicine Grand Rounds 2025
Thursday, August 28, 2025, 7:30-8:30 a.m., H4/527 CSC & Zoom

Comprehensive Obesity Care

Leslie Golden, MD, MPH

Family and Obesity Medicine Physician, Founder and Chief Executive Officer of Weight in Gold Wellness, President of the Wisconsin Obesity Society

Provided by the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP)

Join us in-person in Cardiology Conference Room H4/527 CSC or via Zoom:

<https://uwmadison.zoom.us/j/93658192358?pwd=K5btYlpy42aKHZykzbMbOFbWWPaNPc.1>

Meeting ID: 936 5819 2358

Passcode: 144522

Dial by your location +1 312 626 6799 US (Chicago)

Find your local number: <https://uwmadison.zoom.us/j/abd0uOUhqm>

*Text the 6-digit code provided at the beginning of the event to 608-260-7097 and complete evaluation linked in your sign-in confirmation.

All attendees, regardless of credential, credit, or affiliation, must have a UW ICEP learner profile and text-to-sign-in per ACCME's reporting standards.

Intended Audience:

The target audience for this activity is Cardiovascular Medicine Faculty (MD, DO), Physicians, Fellows, Residents, Physician Assistants, Nurse Practitioners, Nurses (RN, APRN, LPN), Lab Personnel. Some sessions will be relevant to Internal Medicine, Cardiothoracic Surgery and Pediatric Cardiology.

Objectives:

1. Define obesity as a chronic, relapsing, multifactorial disease and distinguish it from weight loss as a temporary outcome.
2. Explain the importance of longitudinal, comprehensive obesity care across the lifespan to support sustained health improvements and prevent disease progression.
3. Describe the key components of comprehensive obesity care, including nutritional, physical activity, behavioral, and pharmacologic interventions.

Policy on Disclosure

It is the policy of the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) to identify, mitigate and disclose all relevant financial relationships with ineligible companies* held by the speakers/presenters, authors, planners, and other persons who may influence content of this accredited continuing education (CE). In addition, speakers, presenters, and authors must disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation. For this accredited continuing education activity, all relevant financial relationships have been mitigated and detailed disclosures are listed below.

* **Ineligible companies** are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The ACCME does not consider providers of clinical service directly to patients to be ineligible companies.

Name	Role	Financial Relationship Disclosures	Discussion of Unlabeled/Unapproved uses of drugs/devices in presentation?	COI completion date
Leslie Golden, MD, MPH	Presenter	Curax Pharmaceuticals LLC (Independent Contractor – Other/Speaker Bureau), Eli Lilly and Company (Independent Contractor – Other/Speaker Bureau), Novo Nordisk Inc (Independent Contractor – Other/Speaker Bureau)	No	8/12/25
Peter Rahko, MD	RSS Chair	No relevant financial relationships with ineligible companies to disclose.	No	12/6/24
Ashley Bartlett	RSS Coordinator	No relevant financial relationships with ineligible companies to disclose.	No	12/5/24
Zachary Goldberger, MD, MS	RSS Co-Chair	No relevant financial relationships with ineligible companies to disclose.	No	12/18/24
Amanda Breuer, PA-C	Planner	Boston Scientific Corporation (Independent Contractor – Consultant, Other) Medtronic, Inc. (Independent Contractor - Consultant,)	No	12/9/24

Kjersten Busse, NP	Planner	No relevant financial relationships with ineligible companies to disclose.	No	12/18/24
Andrew Pap, MD (Fellow)	Planner	No relevant financial relationships with ineligible companies to disclose.	No	12/7/24

There is no commercial support for this session.



Accreditation Statement

In support of improving patient care, the University of Wisconsin–Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statements

American Medical Association (AMA)

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1 ANCC contact hour.

AAPA Credit Designation Statement



The University of Wisconsin–Madison ICEP has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

American Board of Internal Medicine (ABIM) - with Self-Assessment



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. By completing the requirements for this activity, the learner gives UW-Madison ICEP permission to share completion data with the ACCME and the certifying board(s).

Continuing Education Units

The University of Wisconsin–Madison ICEP, as a member of the University Professional & Continuing Education Association (UPCEA), authorizes this program for 0.1 continuing education units (CEUs) or 1 hour.

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