Preventive Cardiology Enrollment Criteria for Stable CHF Patients

- LVEF ≤35% (measured within past 12 months)
- NYHA Class II to III symptoms, despite being on optimal medical therapy for ≥6 weeks
- Clinical stability: not having had a recent (<6 weeks) or planned (<6 months) major cardiovascular hospitalization or procedure
- If Not qualify, can still be referred for Risk Reduction/Exercise prescription initial evaluation and one follow-up