Nursing Home Administration and Rehabilitation

Description: This one month block rotation exposes the geriatric fellow to many aspects of administration, management and monitoring that occurs in the nursing home setting. It provides mentoring and self-study on the role and responsibilities of the nursing home director while they spend time at Oakwood Village-East and West campuses. It creates an opportunity for the fellow to observe and emulate different styles of practice of MD and NP in the long-term care setting.

Supervisor: Irene Hamrick, MD

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Goals
To educate geriatrics fellows in nursing home administration to the level where they can provide optimal care, understand state/federal guidelines for practice and potentially independently assume the role of a nursing home medical director at the completion of their fellowship.

Objectives and Steps to Evaluate Competency in this Objective
The fellow will be able to

(Medical Knowledge)
- Define the role and responsibilities of a nursing home medical director including leadership, contracts, payments, committee involvement and assuming care for unassigned patients
- Review payment sources and financial infrastructure of for-profit and non-profit care facilities
- Identify regulatory mechanisms, review processes and common citations for skilled nursing facilities
- Discuss trends in long term care including novel models of care that are used

As measured by 1) performance on in-service examination at seven months (target is score >80% on items specific to this objective), 2) global rating scales completed by faculty mentors at the end of the rotation

(Patient Care)
- Restore and maintain the highest possible level of functional independence for residents under their care
- Preserve individual autonomy for residents with thoughtful NH orders and referrals
- Prevent acute medical and iatrogenic illnesses and identify and treat them rapidly when they do occur
- Describe how a medical director and other senior nursing home staff can affect the quality of care for nursing home patients by evaluating and changing care issues across all patients within the nursing home

As measured by 1) global rating scales completed by faculty mentors at the end of the rotation, 2) multisource appraisals completed by SW and nursing

(Interpersonal and Communication Skills)
- Mediate a difficult family conference
- Participate in routine committee meetings required of a nursing home medical director

As measured by 1) global rating scales completed by faculty mentors at the end of the rotation, 2) mini-CEX on communication, therapeutic alliance and patient education
(Professionalism)
• Provide comfort and dignity, especially for terminally ill residents and their loved ones
  As measured by 1) global rating scales completed by faculty mentors at the end of the rotation

(Systems-based Practice)
• Define transitional care issues that make transfers to and from the hospital problematic in long-term care settings
  As measured by 1) performance on in-service examination at seven months (target is score >80% on items specific to this objective), 2) global rating scales completed by faculty mentors at the end of the rotation, 3) A performance improvement project directed at fellow’s practices in addressing transitional care topics in their primary care patients as they move between care settings

Type of Clinical Encounter
Evaluation of patient’s residing in nursing homes with supervision by a faculty preceptor

Teaching Methods
Case-based learning (case discussions with faculty preceptor)
Individual study using listed references and web-based materials

Patient Characteristics/ Mix of Diseases
These patients are typically medically complex, functionally impaired frail older adults. 70% of the patients are women. Common illnesses seen include dementia, post-hip fracture, arthritis, lower extremity or decubitus wounds, depression, behavioral symptoms from dementia, advanced stage illnesses (e.g. CHF, COPD, cancer)

Procedures
None

Bibliography:

I have read and reviewed the goals and objectives for this rotation.

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Fellow Signature     Faculty Signature

Revised 6/30/2014